

Amanda Wood, MPH, PhD

E: amanda.wood@su.se • M: +46 (0)73 460 4657

Web: www.linkedin.com/in/amandawood3 • Twitter: @amandawoodr

I am a transdisciplinary researcher focusing on food policy for healthier and more sustainable food systems. I have five years of experience in policy research, using public policy and governance theories to explore drivers and barriers of collaborative policy development of highly contested food policy issues. I have three years of experience working in a transdisciplinary environment. Here my focus is producing and translating research that could be used by food system actors to spur positive transformations of food systems. This work has allowed me to develop networks across national and UN agencies, business solutions networks, and key food system actor initiatives, in addition to staying grounded in the scientific literature. I will use my experiences collaborating with public and private stakeholders to inform policy-relevant research that helps societies and governments establish healthy and sustainable food systems.

Current employment

Researcher, Stockholm Resilience Centre, Stockholm University, Stockholm, Sweden, April 2018 to present

- Research focus
 - Interdisciplinary and transdisciplinary research to inform Nordic region food system transformations for sustainability and health
- Research coordination
 - Co-coordinator and co-founder of the SRC Collaborative Hub for Exploring Food Systems (CHEFS)
 - Key linkage between SRC CHEFS researchers and EAT programs and initiatives
- Robert Bosch Stiftung Fellow – Postdoc Academy for Transformational Leadership

Current grants

2019–2021: Att främja ett miljövänligt och hälsosamt livsmedelssystem (Towards an environmentally friendly and healthy food system)

- Funded by the Nordic Council of Ministers
- Total funding of 970,000 DKK
- This project aims to better understand how food system change can be used as an entry point in the Nordic region to simultaneously address multiple challenges outlined in Agenda 2030.

2019–2022: Scenarios and pathways toward sustainable land-use and food production for Western and the Nordic European countries as part of the global FABLE Consortium

- Funded by the European Union JPI ERA-NET AXIS program
- Total funding of €1,184,850
- This project aims to develop national and regional pathways for healthy and sustainable food and land use systems in the Nordic countries by engaging with stakeholders from participating countries to build narrative scenarios for 2030 and 2050 food and land use systems, then quantitatively testing these scenarios using a new generation of models developed by the global Food Agriculture Biodiversity, Land and Energy (FABLE) consortium.

Previous experience

Postdoctoral Fellow, EAT & Stockholm Resilience Centre, Stockholm University, Stockholm, Sweden, November 2016 to April 2018

- Core member of the EAT-Lancet Commission Secretariat
 - Coordination of Commission working groups, lead coordinator for policy group
 - Researched and co-wrote several sections of the EAT-Lancet report
 - Co-developed overall framing and outlining of the report
- International Food and Land Use Coalition (FOLU) – Collaboration of over 30 global actors to coordinate and accelerate food systems transformations
 - Leads the Nordic Region Deep Dive of food and land use transformations
- Food Reform for Sustainability and Health (FReSH) – Joint EAT/World Business Council for Sustainable Development (WBCSD) initiative
 - Supported ongoing multi-stakeholder Science to Solutions dialogues as a science writer

World Health Organization Intern, Geneva, Switzerland, July 2016 to October 2016

- Interned with the Coordinator for Nutrition Policy and Scientific Advice in the Department of Nutrition for Health and Development
- Supported the formulation of a global nutrient profile model for marketing food to children
- Reviewed international levels of sugar and fat intakes for WHO recommendation

Graduate Teaching Assistant, University of Auckland, New Zealand, Feb 2013 to Nov. 2013

- Lead tutor for 'Shaping Health Policy', 'Life Cycle Nutrition' and 'Community Nutrition'

Guest Lecturer, University of Auckland, New Zealand, 2013 and 2015

- Developed guest lectures on the topics of 1) the food regulatory system in Australia and New Zealand, 2) advocacy and academia and 3) the gap between research and policy

Research Assistant, INFORMAS (International Network for Food and Obesity/non-communicable Diseases, Research, Monitoring and Action Support), University of Auckland, July to November 2012

- Researched existing monitoring frameworks for health-related food labelling components
- Co-authored the INFORMAS food labelling module manuscript (see Rayner et al. below)

Academic qualifications

Doctor of Philosophy, Health Sciences, University of Auckland, September 2012 to May 2017

- Funded by a University of Auckland Doctoral Scholarship
- Thesis: *A comparison of front-of-pack food labelling policy development processes in Australia, New Zealand and the United Kingdom*

Master of Public Health, University of Auckland, January 2011 to February 2012

- Graduated with First Class Honours
- Funded by a University of Auckland Fulbright Award
- Thesis: *The divergence of country of origin labelling regulations in Australia and New Zealand*

Bachelor of Health Science, Honours, University of Auckland, 2011

- Graduated with First Class Honours
- Received the School of Population Health BHSc (Hon) Prize
- Funded by a Fulbright Student Award

Bachelor of Science, Indiana University, 2006-2009

- Nutrition science major, chemistry minor
- Graduated with Highest Distinction, Dean's List

Selected scholarships and awards

University of Auckland Doctoral Scholarship, University of Auckland, 2012-2015, \$90,000 NZD.

University of Auckland Fulbright Scholarship, University of Auckland, 2011, \$20,000 NZD.

Fulbright Student Award, Fulbright New Zealand, 2010, \$20,000 NZD.

Academic publications

Willett W, Rockström J, Loken B, Springmann M, Lang T, Vermeulen S, Garnett T, Tilman D, **Wood A**, et al. Our Food in the Anthropocene: The EAT-Lancet Commission on Healthy Diets from Sustainable Food Systems. *Lancet*. 2019; 393(10170): 447-492.

Wood A, Tenbensen T. A Comparative Analysis of Drivers of Collaborative Governance in Front-of-Pack Food Labelling Policy Processes. *J Comp Policy Anal*. 2017; 20(4): 404-419.

Jones A, Magnusson R, Swinburn B, Webster J, **Wood A**, Sacks G, Neal B. Designing a Healthy Food Partnership: lessons from the Australian Food and Health Dialogue. *BMC Public Health*. 2016; 16:651.

Swinburn B, **Wood A**. Progress on obesity prevention over 20 years in Australia and New Zealand. *Obes Rev*. 2013; 14 (Suppl. 2): 60-8.

Wood A, Tenbensen T, Utter J. The divergence of country of origin labelling regulations between Australia and New Zealand. *Food Policy*. 2013; 43: 132-141.

Rayner M, **Wood A**, Lawrence M, Ni Mhurchu C, Albert J, Barquera S, Friel S, Hawkes C, Kelly B, Kumanyika S, L'Abbé M, Lee A, Lobstein T, Ma J, Macmullan J, Mohan S, Monteiro C, Neal B, Sacks G, Sanders D, Snowdon W, Swinburn B, Vandevijvere S, Walker C, INFORMAS. Monitoring the health-related labeling of foods and non-alcoholic beverages in retail settings. *Obes Rev*. 2013; 14 (S:1):70-81.

Wood A, Utter J, Robinson E, Ameratunga S, Fleming T, Denny S. Body weight satisfaction among New Zealand adolescents: findings from a national survey. *Int J Adolesc Med Health*. 2012; 24(2): 161-7.

Other publications

Wood A, Gordon L, Rööös E, et al. Nordic food systems for improved health and sustainability: baseline assessment to inform transformation. A report for the Swedish National Food Agency. Stockholm Resilience Centre, Stockholm, Sweden. 3 April 2019.

Wood A, Fox E, Kjørven O. Policy Brief: Matsystem i utviklingspolitikken: Innspill til Utenriksdepartementet (Food systems in development policy: Input to the Ministry of Foreign Affairs. Oslo, Norway. 13 March 2019.

Wood A. Översikt EAT-Lancetrapporten i nordisk kontext. A briefing document for the EAT-Lancet Stockholm launch. 17 January 2019.

Gordon L with EAT colleagues and EAT-Lancet Stockholm-based co-authors (including **Wood A**). Ställ om snabbt till nyttigare och mer klimatsmart mat. Dagens Nyheter. 17 January 2019. Available from: <https://www.dn.se/debatt/stall-om-snabbt-till-nyttigare-och-mer-klimatsmart-mat/>

Cairns A, Vidal A, **Wood A**, DeClerck F, Harding A. Putting food in food. Sight and Life Magazine, 2018, Volume 32 (2).

EAT, WBCSD, FReSH (**Wood A as science writer**). Science to Solutions Dialogue 2: People, Planet, Protein. Initial Outcome Paper for Discussion. May 2018. Internal document.

EAT, WBCSD, FReSH (**Wood A as science writer**). Science to Solutions Dialogue 2: People, Planet, Protein. Summary Outcome Paper for Discussion. May 2018. Available from: <https://www.wbcsd.org/Programs/Food-Land-Water/Food-Land-Use/FReSH/Resources/Science-to-Solutions-Dialogue-two>.

EAT, WBCSD, FReSH (**Wood A as science writer**). Science to Solutions Dialogue 1: Putting Food in Food. Initial Outcome Paper for Discussion. May 2018. Available from: <https://www.wbcsd.org/Programs/Food-Land-Water/Food-Land-Use/FReSH/Resources/Science-to-Solutions-Dialogue-one>.

EAT, WBCSD, FReSH (**Wood A as science writer**). Science to Solutions Dialogue 1: Putting Food in Food. Summary Outcome Paper for Discussion. May 2018. Internal document.

Wood A. Are there opportunities within the Government's childhood obesity plan? *Public Address (blog)*: 2 November 2015. Available from: <http://publicaddress.net/speaker/are-there-opportunities-within-the-governments/>.

Wood A. Beyond unhelpful dichotomies: a co-regulatory approach to protecting children from junk food marketing. *Public Health Expert (blog)*: 9 September 2015. Available from: <https://blogs.otago.ac.nz/pubhealthexpert/2015/09/09/beyond-unhelpful-dichotomies-a-co-regulatory-approach-to-protecting-children-from-junk-food-marketing/>.

Presentations and stakeholder engagement

Presentation of the Nordic food systems report to Madkulturen. August 2019. Copenhagen, Denmark.

Presentation of the Nordic food systems report to representatives of Landbrug & Fødevarer. August 2019. Copenhagen, Denmark.

Invited lead of the 'healthy and sustainable Baltic food systems' theme at the ReGeneration 2030 Summit, a gathering of nearly 100 youth working towards achievement of the SDGs. August 2019; Mariehamn, Åland.

Joint presentation of the Nordic food systems report to the Norwegian Ministry of Health and Care Services, Ministry of Industry, Trade and Fisheries, and the Ministry of Agriculture and Food. June 2019; Oslo, Norway.

Presentation of the Nordic food system report to representatives of Orkla. June 2019; Oslo, Norway.

Presentation of the Nordic food systems report to members of Brödinsitutet. June 2019; Stockholm, Sweden.

Opening presentation at the side event 'Alternative protein futures' at the EAT Stockholm Food Forum. June 2019; Stockholm, Sweden.

Invited presentation and discussion on Healthy and Sustainable Nordic Food Systems to the Nordic Council of Ministers Nordic Public Health Arena. May 2019; Reykjavik, Iceland.

Presentation and panel on Healthy and Sustainable Nordic Food Systems at Madens Folkemøde. May 2019; Stockholm, Sweden.

Presentation of the Nordic food systems report to Jordbruksverket (Swedish Board of Agriculture). April 2019; Jönköping, Sweden.

Presentation of the Nordic food systems report to Livsmedelsföretagen Nutrition Reference Group. April 2019; Stockholm, Sweden.

Presentation of the Nordic food systems report to the Stockholm Food Movement. April 2019; Stockholm, Sweden.

Organizer of the multi-stakeholder do-alogue with around 30 Swedish food system actors. April 2019; Stockholm, Sweden.

Presentation of the Nordic food systems report to Formas Swedish Research Council. March 2019; Stockholm, Sweden.

Presentation of the Nordic food systems report to representatives of the Danish Cancer Society. March 2019; Copenhagen, Denmark.

Invited presentation and discussion on Healthy and Sustainable Nordic Food Systems to the Nordic Council of Ministers Senior Committee on Food. March 2019; Copenhagen, Denmark.

Presentation of the Nordic food systems report to Livsmedelsföretagen R&D Reference Group. March 2019; Stockholm, Sweden.

Presentation of the Nordic food systems report to representatives of Plant Based Sweden. March 2019; Stockholm, Sweden.

Presentation of the Nordic food systems report to representatives of Oatly. March 2019; Stockholm, Sweden.

Presentation of the Nordic food systems report with the Ax Foundation. March 2019; Stockholm, Sweden.

Invited speaker at the World Health Organization-Nordic Council of Ministers workshop 'Towards healthy and sustainable food systems in the Baltic region.' February 2019; Riga, Latvia.

Presentation and discussion on the Nordic food systems report with representatives from LRF, Arla and Lantmännen. February 2019; Stockholm, Sweden.

Presentation of the Nordic food systems report to Livsmedelsverket (Swedish National Food Agency). February 2019; Uppsala, Sweden.

Presentation of the Nordic food systems report to the Ministry of Enterprise and Innovation. February 2019; Stockholm, Sweden.

The EAT-Lancet report and Nordic food system transformations. Presentation at the EAT-Lancet Commission Stockholm launch. January 2019; Stockholm, Sweden. Available at <https://www.stockholmresilience.org/news--events/general-videos/2019-01-18-svensk-lansering-av-eat-lancet-rapporten.html>.

Funding and Nordic food system transformation. Presentation to Formas Swedish Research Council. December 2018; Stockholm, Sweden.

Nordic food system transformations. Brown bag lunch seminar at Stockholm Resilience Centre: December 2018; Stockholm, Sweden.

Healthy and sustainable food systems in the Nordic region. Lecture for the Världens Eko course at Stockholm University. November 2018; Stockholm, Sweden.

Nordic food system transformations. Lunchtime seminar at Swedish University of Agricultural Sciences: November 2018; Uppsala, Sweden.

Sustainable food systems in a Nordic Agenda 2030. Invited presentation to the Nordic Council of Ministers; October 2018; Stockholm, Sweden.

EAT-Lancet Commission on Healthy Diets from Sustainable Food Systems. Presentation to the SDG2 Advocacy Hub; June 2018; Stockholm, Sweden.

Nordic Solutions to Global Challenges – Healthy Diets from Sustainable Food Systems. Invited presentation (with Dr. Brent Loken) to the Nordic Council of Ministers, March 2018; Copenhagen, Denmark.

Using science-based criteria to reconfigure global food systems. Invited presentation: European Public Health Conference, Pre-Conference workshop on healthy meals: a way to environmental, economic and social sustainability; November 2017; Stockholm, Sweden.

Healthy people and a healthy planet: Linking global targets with local action. Invited presentation: Nordic Association for Food Studies Conference; September 2017: Uppsala, Sweden.

A framework for lesson-drawing in a comparative policy analysis of front-of-pack food labelling. Oral presentation: 14th JCPA and ICPA Forum Workshop; August 2016; Wellington, New Zealand.

Using Q methodology to explore stakeholders' perspectives on regulatory approaches for front of pack food labeling. Oral presentation: International Conference on Public Policy; July 2015; Milan, Italy.

Critical realism as a framework for understanding the role of structures and agents in shaping front of pack food labeling regulation. Oral presentation: International Conference in Interpretive Policy Analysis; July 2015; Lille, France.

The divergence of country of origin labelling regulations in Australia and New Zealand. Oral presentation: Public Policy Network Conference; 2013 Jan 23-25; Brisbane, Australia.

Individual-, school- and neighbourhood-level characteristics associated with active transport to and from school among secondary school students. Poster session presented at: Annual Meeting of the International Society of Behavioural Nutrition and Physical Activity; 2011 Jun 15-18; Melbourne, Australia.